



CALENDRIER CRNAP CIALPC 2015-2016

- Longue Distance
- Piscine
- Equipe Régionale
- Chpts Nationaux
- Formation
- Réunion

| septembre 2015 | | | octobre 2015 | | | novembre 2015 | | | décembre 2015 | | | janvier 2016 | | | février 2016 | | |
|----------------|------|-------------------------|--------------|------|--------------------|---------------|------|---------------------|---------------|------|---------------|--------------|------|-----------------|--------------|------|--------------------|
| Jour | Date | Manifestation | Jour | Date | Manifestation | Jour | Date | Manifestation | Jour | Date | Manifestation | Jour | Date | Manifestation | Jour | Date | Manifestation |
| mar | 01 | | jeu | 01 | | dim | 01 | Toussaint | mar | 01 | | ven | 01 | Nouvel AN | lun | 01 | |
| mer | 02 | | ven | 02 | | lun | 02 | | mer | 02 | | sam | 02 | | mar | 02 | |
| jeu | 03 | | sam | 03 | | mar | 03 | | jeu | 03 | | dim | 03 | | mer | 03 | |
| ven | 04 | | dim | 04 | | mer | 04 | | ven | 04 | | lun | 04 | | jeu | 04 | |
| sam | 05 | | lun | 05 | | jeu | 05 | | sam | 05 | | mar | 05 | | ven | 05 | |
| dim | 06 | | mar | 06 | | ven | 06 | | dim | 06 | | mer | 06 | | sam | 06 | V Equipe Régionale |
| lun | 07 | | mer | 07 | | sam | 07 | | lun | 07 | | jeu | 07 | | dim | 07 | Mérignac 33 |
| mar | 08 | | jeu | 08 | | dim | 08 | | mar | 08 | | ven | 08 | | lun | 08 | |
| mer | 09 | | ven | 09 | | lun | 09 | | mer | 09 | | sam | 09 | INIT / CODEP33 | mar | 09 | |
| jeu | 10 | | sam | 10 | | mar | 10 | | jeu | 10 | | dim | 10 | INIT / CODEP33 | mer | 10 | |
| ven | 11 | | dim | 11 | | mer | 11 | Armistice | ven | 11 | | lun | 11 | | jeu | 11 | |
| sam | 12 | Formation Initiateur | lun | 12 | | jeu | 12 | | sam | 12 | CDF Clubs | mar | 12 | | ven | 12 | |
| dim | 13 | | mar | 13 | | ven | 13 | | dim | 13 | Bordeaux 33 | mer | 13 | | sam | 13 | Meeting Nat. |
| lun | 14 | | mer | 14 | | sam | 14 | Chronomètres 64 | lun | 14 | | jeu | 14 | | dim | 14 | Vittel 88 |
| mar | 15 | | jeu | 15 | | dim | 15 | | mar | 15 | | ven | 15 | | lun | 15 | |
| mer | 16 | | ven | 16 | | lun | 16 | | mer | 16 | | sam | 16 | | mar | 16 | |
| jeu | 17 | | sam | 17 | | mar | 17 | | jeu | 17 | | dim | 17 | | mer | 17 | |
| ven | 18 | | dim | 18 | | mer | 18 | | ven | 18 | | lun | 18 | | jeu | 18 | |
| sam | 19 | Réunion CNNP | lun | 19 | | jeu | 19 | | sam | 19 | | mar | 19 | | ven | 19 | |
| dim | 20 | | mar | 20 | | ven | 20 | | dim | 20 | | mer | 20 | | sam | 20 | |
| lun | 21 | | mer | 21 | | sam | 21 | Réunion Arbitres 33 | lun | 21 | | jeu | 21 | | dim | 21 | |
| mar | 22 | | jeu | 22 | | dim | 22 | Pessac 33 | mar | 22 | | ven | 22 | Chronomètres 86 | lun | 22 | |
| mer | 23 | | ven | 23 | | lun | 23 | | mer | 23 | | sam | 23 | Poitiers 86 | mar | 23 | |
| jeu | 24 | | sam | 24 | | mar | 24 | | jeu | 24 | | dim | 24 | | mer | 24 | |
| ven | 25 | | dim | 25 | | mer | 25 | | ven | 25 | NOEL | lun | 25 | | jeu | 25 | |
| sam | 26 | LD Marcel COUDRE | lun | 26 | | jeu | 26 | | sam | 26 | | mar | 26 | | ven | 26 | |
| dim | 27 | | mar | 27 | | ven | 27 | | dim | 27 | | mer | 27 | | sam | 27 | |
| lun | 28 | | mer | 28 | | sam | 28 | | lun | 28 | | jeu | 28 | | dim | 28 | |
| mar | 29 | | jeu | 29 | | dim | 29 | Equipe Régionale 33 | mar | 29 | | ven | 29 | | lun | 29 | |
| mer | 30 | | ven | 30 | | lun | 30 | | mer | 30 | | sam | 30 | AG CIALPC | | | |
| | | | sam | 31 | Réunion de Rentrée | | | | jeu | 31 | | dim | 31 | | | | |



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| mars 2016 | | | avril 2016 | | | mai 2016 | | | juin 2016 | | | juillet 2016 | | | août 2016 | | |
|-----------|------|----------------|------------|------|-----------------|----------|------|---------------------|-----------|------|--------------------|--------------|------|---------------------|-----------|------|---------------|
| Jour | Date | Manifestation | Jour | Date | Manifestation | Jour | Date | Manifestation | Jour | Date | Manifestation | Jour | Date | Manifestation | Jour | Date | Manifestation |
| mar | 01 | | ven | 01 | | dim | 01 | | mer | 01 | | ven | 01 | | lun | 01 | |
| mer | 02 | | sam | 02 | Meeting Nat. | lun | 02 | | jeu | 02 | | sam | 02 | | mar | 02 | |
| jeu | 03 | | dim | 03 | WORD CUP Aix 13 | mar | 03 | | ven | 03 | | dim | 03 | Lac des chateaux 19 | mer | 03 | |
| ven | 04 | | lun | 04 | | mer | 04 | | sam | 04 | Andernos 33 | lun | 04 | | jeu | 04 | |
| sam | 05 | INIT / CODEP33 | mar | 05 | | jeu | 05 | | dim | 05 | | mar | 05 | | ven | 05 | |
| dim | 06 | INIT / CODEP33 | mer | 06 | | ven | 06 | | lun | 06 | | mer | 06 | | sam | 06 | |
| lun | 07 | | jeu | 07 | | sam | 07 | Equi. Région. MER | mar | 07 | | jeu | 07 | | dim | 07 | |
| mar | 08 | | ven | 08 | | dim | 08 | Cognac 16 | mer | 08 | | ven | 08 | | lun | 08 | |
| mer | 09 | | sam | 09 | AG FFESSM | lun | 09 | | jeu | 09 | | sam | 09 | | mar | 09 | |
| jeu | 10 | | dim | 10 | Limoges 87 | mar | 10 | | ven | 10 | Critérium N Jeunes | dim | 10 | | mer | 10 | |
| ven | 11 | | lun | 11 | | mer | 11 | | sam | 11 | Bidassoa ESP | lun | 11 | | jeu | 11 | |
| sam | 12 | Meeting Nat. | mar | 12 | | jeu | 12 | | dim | 12 | Palmathlon 17 | mar | 12 | | ven | 12 | |
| dim | 13 | Rennes 35 | mer | 13 | | ven | 13 | CDF Junior / Sénior | lun | 13 | | mer | 13 | | sam | 13 | |
| lun | 14 | | jeu | 14 | | sam | 14 | Sel LD Senior | mar | 14 | | jeu | 14 | Fête Nationale | dim | 14 | |
| mar | 15 | | ven | 15 | | dim | 15 | Chartres 28 | mer | 15 | | ven | 15 | | lun | 15 | |
| mer | 16 | | sam | 16 | Meeting Nat. | lun | 16 | | jeu | 16 | | sam | 16 | | mar | 16 | |
| jeu | 17 | | dim | 17 | Montlucon 03 | mar | 17 | | ven | 17 | | dim | 17 | | mer | 17 | |
| ven | 18 | | lun | 18 | | mer | 18 | | sam | 18 | | lun | 18 | | jeu | 18 | |
| sam | 19 | | mar | 19 | | jeu | 19 | | dim | 19 | Rochefort 17 | mar | 19 | | ven | 19 | |
| dim | 20 | Talence 33 | mer | 20 | | ven | 20 | | lun | 20 | | mer | 20 | | sam | 20 | |
| lun | 21 | | jeu | 21 | | sam | 21 | | mar | 21 | | jeu | 21 | | dim | 21 | |
| mar | 22 | | ven | 22 | | dim | 22 | 2 Rives 33 | mer | 22 | Bégles 33 | ven | 22 | | lun | 22 | |
| mer | 23 | | sam | 23 | | lun | 23 | | jeu | 23 | | sam | 23 | | mar | 23 | |
| jeu | 24 | | dim | 24 | | mar | 24 | | ven | 24 | | dim | 24 | | mer | 24 | |
| ven | 25 | | lun | 25 | | mer | 25 | | sam | 25 | CDF LD Maitres | lun | 25 | | jeu | 25 | |
| sam | 26 | | mar | 26 | | jeu | 26 | | dim | 26 | Peyrolles 13 | mar | 26 | | ven | 26 | |
| dim | 27 | | mer | 27 | | ven | 27 | | lun | 27 | | mer | 27 | | sam | 27 | |
| lun | 28 | | jeu | 28 | | sam | 28 | Ile de Ré 17 | mar | 28 | | jeu | 28 | | dim | 28 | |
| mar | 29 | | ven | 29 | | dim | 29 | CDF LD Senior | mer | 29 | | ven | 29 | | lun | 29 | |
| mer | 30 | | sam | 30 | Palmathlon 16 | lun | 30 | | jeu | 30 | | sam | 30 | | mar | 30 | |
| jeu | 31 | | | | | mar | 31 | | | | | dim | 31 | | mer | 31 | |



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| septembre 2016 | | | octobre 2016 | | | novembre 2016 | | | décembre 2016 | | | janvier 2017 | | | février 2017 | | |
|----------------|------|------------------|--------------|------|--------------------|---------------|------|---------------|---------------|------|---------------|--------------|------|---------------|--------------|------|---------------|
| Jour | Date | Manifestation | Jour | Date | Manifestation | Jour | Date | Manifestation | Jour | Date | Manifestation | Jour | Date | Manifestation | Jour | Date | Manifestation |
| jeu | 01 | | sam | 01 | | mar | 01 | | jeu | 01 | | dim | 01 | Nouvel AN | mer | 01 | |
| ven | 02 | | dim | 02 | | mer | 02 | | ven | 02 | | lun | 02 | | jeu | 02 | |
| sam | 03 | LD Marcel COUDRE | lun | 03 | | jeu | 03 | | sam | 03 | | mar | 03 | | ven | 03 | |
| dim | 04 | | mar | 04 | | ven | 04 | | dim | 04 | | mer | 04 | | sam | 04 | |
| lun | 05 | | mer | 05 | | sam | 05 | | lun | 05 | | jeu | 05 | | dim | 05 | |
| mar | 06 | | jeu | 06 | | dim | 06 | | mar | 06 | | ven | 06 | | lun | 06 | |
| mer | 07 | | ven | 07 | | lun | 07 | | mer | 07 | | sam | 07 | | mar | 07 | |
| jeu | 08 | | sam | 08 | | mar | 08 | | jeu | 08 | | dim | 08 | | mer | 08 | |
| ven | 09 | | dim | 09 | | mer | 09 | | ven | 09 | | lun | 09 | | jeu | 09 | |
| sam | 10 | Andernos 33 | lun | 10 | | jeu | 10 | | sam | 10 | | mar | 10 | | ven | 10 | |
| dim | 11 | | mar | 11 | | ven | 11 | Armistice | dim | 11 | Bordeaux 33 | mer | 11 | | sam | 11 | |
| lun | 12 | | mer | 12 | | sam | 12 | | lun | 12 | | jeu | 12 | | dim | 12 | Mérignac 33 |
| mar | 13 | | jeu | 13 | | dim | 13 | | mar | 13 | | ven | 13 | | lun | 13 | |
| mer | 14 | | ven | 14 | | lun | 14 | | mer | 14 | | sam | 14 | | mar | 14 | |
| jeu | 15 | | sam | 15 | | mar | 15 | | jeu | 15 | | dim | 15 | | mer | 15 | |
| ven | 16 | | dim | 16 | | mer | 16 | | ven | 16 | | lun | 16 | | jeu | 16 | |
| sam | 17 | Réunion CNNP | lun | 17 | | jeu | 17 | | sam | 17 | | mar | 17 | | ven | 17 | |
| dim | 18 | | mar | 18 | | ven | 18 | | dim | 18 | | mer | 18 | | sam | 18 | |
| lun | 19 | | mer | 19 | | sam | 19 | | lun | 19 | | jeu | 19 | | dim | 19 | |
| mar | 20 | | jeu | 20 | | dim | 20 | Pessac 33 | mar | 20 | | ven | 20 | | lun | 20 | |
| mer | 21 | | ven | 21 | | lun | 21 | | mer | 21 | | sam | 21 | Poitiers 86 | mar | 21 | |
| jeu | 22 | | sam | 22 | Réunion de Rentrée | mar | 22 | | jeu | 22 | | dim | 22 | | mer | 22 | |
| ven | 23 | | dim | 23 | | mer | 23 | | ven | 23 | | lun | 23 | | jeu | 23 | |
| sam | 24 | | lun | 24 | | jeu | 24 | | sam | 24 | | mar | 24 | | ven | 24 | |
| dim | 25 | | mar | 25 | | ven | 25 | | dim | 25 | NOEL | mer | 25 | | sam | 25 | |
| lun | 26 | | mer | 26 | | sam | 26 | | lun | 26 | | jeu | 26 | | dim | 26 | |
| mar | 27 | | jeu | 27 | | dim | 27 | | mar | 27 | | ven | 27 | | lun | 27 | |
| mer | 28 | | ven | 28 | | lun | 28 | | mer | 28 | | sam | 28 | | mar | 28 | |
| jeu | 29 | | sam | 29 | | mar | 29 | | jeu | 29 | | dim | 29 | AG CIALPC | | | |
| ven | 30 | | dim | 30 | | mer | 30 | | ven | 30 | | lun | 30 | | | | |
| | | | lun | 31 | | | | | sam | 31 | | mar | 31 | | | | |



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| mars 2017 | | | avril 2017 | | | mai 2017 | | | juin 2017 | | | juillet 2017 | | | août 2017 | | |
|-----------|------|---------------|------------|------|---------------|----------|------|--------------------------|-----------|------|---------------|--------------|------|---------------------|-----------|------|---------------|
| Jour | Date | Manifestation | Jour | Date | Manifestation | Jour | Date | Manifestation | Jour | Date | Manifestation | Jour | Date | Manifestation | Jour | Date | Manifestation |
| mer | 01 | | sam | 01 | | lun | 01 | | jeu | 01 | | sam | 01 | | mar | 01 | |
| jeu | 02 | | dim | 02 | | mar | 02 | | ven | 02 | | dim | 02 | Lac des chateaux 19 | mer | 02 | |
| ven | 03 | | lun | 03 | | mer | 03 | | sam | 03 | Andernos 33 | lun | 03 | | jeu | 03 | |
| sam | 04 | | mar | 04 | | jeu | 04 | | dim | 04 | | mar | 04 | | ven | 04 | |
| dim | 05 | | mer | 05 | | ven | 05 | | lun | 05 | | mer | 05 | | sam | 05 | |
| lun | 06 | | jeu | 06 | | sam | 06 | | mar | 06 | | jeu | 06 | | dim | 06 | |
| mar | 07 | | ven | 07 | | dim | 07 | | mer | 07 | | ven | 07 | | lun | 07 | |
| mer | 08 | | sam | 08 | | lun | 08 | | jeu | 08 | | sam | 08 | | mar | 08 | |
| jeu | 09 | | dim | 09 | | mar | 09 | | ven | 09 | | dim | 09 | | mer | 09 | |
| ven | 10 | | lun | 10 | | mer | 10 | | sam | 10 | Bidassoa ESP | lun | 10 | | jeu | 10 | |
| sam | 11 | | mar | 11 | | jeu | 11 | | dim | 11 | Palmathlon 17 | mar | 11 | | ven | 11 | |
| dim | 12 | | mer | 12 | | ven | 12 | | lun | 12 | | mer | 12 | | sam | 12 | |
| lun | 13 | | jeu | 13 | | sam | 13 | | mar | 13 | | jeu | 13 | | dim | 13 | |
| mar | 14 | | ven | 14 | | dim | 14 | 2 Rives 33 | mer | 14 | | ven | 14 | Fête Nationale | lun | 14 | |
| mer | 15 | | sam | 15 | | lun | 15 | | jeu | 15 | | sam | 15 | | mar | 15 | |
| jeu | 16 | | dim | 16 | Palmathlon 16 | mar | 16 | | ven | 16 | | dim | 16 | | mer | 16 | |
| ven | 17 | | lun | 17 | | mer | 17 | | sam | 17 | | lun | 17 | | jeu | 17 | |
| sam | 18 | | mar | 18 | | jeu | 18 | | dim | 18 | Rochefort 17 | mar | 18 | | ven | 18 | |
| dim | 19 | Talence 33 | mer | 19 | | ven | 19 | | lun | 19 | | mer | 19 | | sam | 19 | |
| lun | 20 | | jeu | 20 | | sam | 20 | CDF LD Juniors / Séniors | mar | 20 | | jeu | 20 | | dim | 20 | |
| mar | 21 | | ven | 21 | | dim | 21 | Cazaux 40 | mer | 21 | Bégles 33 | ven | 21 | | lun | 21 | |
| mer | 22 | | sam | 22 | | lun | 22 | | jeu | 22 | | sam | 22 | | mar | 22 | |
| jeu | 23 | | dim | 23 | | mar | 23 | | ven | 23 | | dim | 23 | | mer | 23 | |
| ven | 24 | | lun | 24 | | mer | 24 | | sam | 24 | | lun | 24 | | jeu | 24 | |
| sam | 25 | | mar | 25 | | jeu | 25 | | dim | 25 | | mar | 25 | | ven | 25 | |
| dim | 26 | | mer | 26 | | ven | 26 | | lun | 26 | | mer | 26 | | sam | 26 | |
| lun | 27 | | jeu | 27 | | sam | 27 | Ile de Ré 17 | mar | 27 | | jeu | 27 | | dim | 27 | |
| mar | 28 | | ven | 28 | | dim | 28 | | mer | 28 | | ven | 28 | | lun | 28 | |
| mer | 29 | | sam | 29 | | lun | 29 | | jeu | 29 | | sam | 29 | | mar | 29 | |
| jeu | 30 | | dim | 30 | Cognac 16 | mar | 30 | | ven | 30 | | dim | 30 | | mer | 30 | |
| ven | 31 | | | | | mer | 31 | | | | | lun | 31 | | jeu | 31 | |