

TEMPS DE QUALIFICATION EQUIPE REGIONALE A (110 % DU TEMPS CDF)

TEMPS SENIORS

Sélection Equipe Régionale Séniors

	50 SF	50 BI	100 SF	100 BI	200 SF	200 BI	400 SF	800 SF	1500 SF	50 AP	100 IS	400 IS	400 BI	4 x 100 SF	4 x 200 SF	25 SF	25AP
DAMES	00:23,65	00:28,05	00:53,24	01:01,38	01:59,90	02:15,30	04:24,00	09:19,90	18:09,00	00:22,33	00:52,80	04:07,50	04:57,00	03:44,40	07:55,91	00:10,75	00:10,15
MESSIEURS	00:20,90	00:24,42	00:46,31	00:55,00	01:48,90	02:02,10	03:56,50	08:30,40	16:30,00	00:19,14	00:46,20	03:51,00	04:24,00	03:21,02	07:13,84	00:09,50	00:08,70

TEMPS JUNIORS

Sélection Equipe Régionale Juniors

	50 SF	50 BI	100 SF	100 BI	200 SF	200 BI	400 SF	800 SF	1500 SF	50 AP	100 IS	400 IS	400 BI	4 x 100 SF	4 x 200 SF	25 SF	25AP
FILLES	00:24,75	00:29,26	00:55,00	01:03,36	02:05,40	02:20,80	04:33,90	09:34,20	18:42,00	00:22,77	00:55,00	04:24,00	05:08,00	03:52,81	08:08,07	00:11,25	00:10,35
GARCONS	00:22,22	00:25,74	00:49,06	00:56,87	01:54,40	02:06,50	04:07,50	08:43,60	17:03,00	00:20,35	00:48,73	04:08,60	04:35,00	03:30,38	07:25,06	00:10,10	00:09,25

TEMPS CADETS

Sélection Equipe Régionale Cadets

	50 SF	50 BI	100 SF	100 BI	200 SF	200 BI	400 SF	800 SF	1500 SF	50 AP	100 IS	400 IS	400 BI	4 x 100 SF	4 x 200 SF	25 SF	25AP
DAMES	00:25,85	00:29,43	00:57,20	01:05,12	02:08,70	02:27,40	04:40,50	09:48,50	19:15,00	00:23,65	00:58,08	04:57,00	05:17,90	03:58,43	08:20,22	00:11,75	00:10,75
MESSIEURS	00:23,43	00:26,51	00:51,59	01:00,17	01:58,80	02:12,00	04:24,00	09:10,00	17:36,00	00:21,56	00:52,03	04:40,50	04:51,50	03:44,40	07:47,50	00:10,65	00:09,80

TEMPS MINIMES

Sélection Equipe Régionale Minimés

	50 SF	50 BI	100 SF	100 BI	200 SF	200 BI	400 SF	800 SF	1500 SF	50 AP	100 IS	400 IS	400 BI	4 x 100 SF	4 x 200 SF	25 SF	25AP
FILLES	00:25,85	00:29,43	00:57,20	01:05,12	02:08,70	02:27,40	04:40,50	09:48,50	19:15,00	00:23,65	00:58,08	04:57,00	05:17,90	03:58,43	08:20,22	00:11,75	00:10,75
GARCONS	00:23,43	00:26,51	00:51,59	01:00,17	01:58,80	02:12,00	04:24,00	09:10,00	17:36,00	00:21,56	00:52,03	04:40,50	04:51,50	03:44,40	07:47,50	00:10,65	00:09,80

TEMPS DE QUALIFICATION EQUIPE REGIONALE B (115 % DU TEMPS CDF)

TEMPS SENIORS

Sélection Equipe Régionale Séniors

	50 SF	50 BI	100 SF	100 BI	200 SF	200 BI	400 SF	800 SF	1500 SF	50 AP	100 IS	400 IS	400 BI	4 x 100 SF	4 x 200 SF	25 SF	25AP
DAMES	00:24,73	00:29,32	00:55,66	01:04,17	02:05,35	02:21,45	04:36,00	09:45,35	18:58,50	00:23,35	00:55,20	04:18,75	05:10,50	03:54,60	08:17,55	00:11,24	00:10,61
MESSIEURS	00:21,85	00:25,53	00:48,42	00:57,50	01:53,85	02:07,65	04:07,25	08:53,60	17:15,00	00:20,01	00:48,30	04:01,50	04:36,00	03:30,16	07:33,56	00:09,93	00:09,10

TEMPS JUNIORS

Sélection Equipe Régionale Juniors

	50 SF	50 BI	100 SF	100 BI	200 SF	200 BI	400 SF	800 SF	1500 SF	50 AP	100 IS	400 IS	400 BI	4 x 100 SF	4 x 200 SF	25 SF	25AP
FILLES	00:25,88	00:30,59	00:57,50	01:06,24	02:11,10	02:27,20	04:46,35	10:00,30	19:33,00	00:23,80	00:57,50	04:36,00	05:22,00	04:03,40	08:30,25	00:11,76	00:10,82
GARCONS	00:23,23	00:26,91	00:51,29	00:59,45	01:59,60	02:12,25	04:18,75	09:07,40	17:49,50	00:21,27	00:50,94	04:19,90	04:47,50	03:39,94	07:45,29	00:10,56	00:09,67

TEMPS CADETS

Sélection Equipe Régionale Cadets

	50 SF	50 BI	100 SF	100 BI	200 SF	200 BI	400 SF	800 SF	1500 SF	50 AP	100 IS	400 IS	400 BI	4 x 100 SF	4 x 200 SF	25 SF	25AP
DAMES	00:27,02	00:30,76	00:59,80	01:08,08	02:14,55	02:34,10	04:53,25	10:15,25	20:07,50	00:24,73	01:00,72	05:10,50	05:32,35	04:09,26	08:42,96	00:12,28	00:11,24
MESSIEURS	00:24,50	00:27,71	00:53,93	01:02,90	02:04,20	02:18,00	04:36,00	09:35,00	18:24,00	00:22,54	00:54,40	04:53,25	05:04,75	03:54,60	08:08,75	00:11,13	00:10,25

TEMPS MINIMES

Sélection Equipe Régionale Minimés

	50 SF	50 BI	100 SF	100 BI	200 SF	200 BI	400 SF	800 SF	1500 SF	50 AP	100 IS	400 IS	400 BI	4 x 100 SF	4 x 200 SF	25 SF	25AP
FILLES	00:27,02	00:30,76	00:59,80	01:08,08	02:14,55	02:34,10	04:53,25	10:15,25	20:07,50	00:24,73	01:00,72	05:10,50	05:32,35	04:09,26	08:42,96	00:12,28	00:11,24
GARCONS	00:24,50	00:27,71	00:53,93	01:02,90	02:04,20	02:18,00	04:36,00	09:35,00	18:24,00	00:22,54	00:54,40	04:53,25	05:04,75	03:54,60	08:08,75	00:11,13	00:10,25